

Supplementary Table S2: Detailed SARS-CoV-2 clinical characteristics and typical dietary habits of subjects.

| No. | Severity | GI Symptoms | Loss of appetite? | SARS-CoV-2 Symptoms | Diet |
|-----|----------|--------------------------|-------------------|--|------------------------|
| 1 | severe | None | N | Fever, cough , hypoxemia 88%, anosmia | Omnivore |
| 2 | severe | None | Y | Fever, cough, hypoxemia of 92%, anosmia, anorexia | Mexican diet, omnivore |
| 3 | severe | None | N | Fever, cough, hypoxemia of 88%, anosmia | Omnivore |
| 4 | severe | None | N | Fever, Tourette's-like symptoms, anosmia | Omnivore |
| 5 | severe | Diarrhea | N | Fever, cough, no anorexia, anosmia, hematochezia, dizziness, hypoxemia 92% | Omnivore |
| 6 | severe | None | N | Fever, cough, anosmia, hypoxemia 91% | Omnivore |
| 7 | severe | None | N | Fever, cough, anosmia | Omnivore |
| 8 | severe | Diarrhea, abdominal pain | N | Pain while eating, dehydration, fever, anosmia, cough, short of breath, hypoxemia 88% | Omnivore |
| 9 | severe | None | N | Fever, cough, short of breath, anosmia, dizziness, anosmia, hypoxemia 89%, neurological symptoms | Omnivore |
| 10 | severe | None | N | Fever, cough, hypoxemia 88%, anosmia | Omnivore |

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|-----------|--------|-----------|---|--|----------|
| 11 | severe | Diarrhea | N | Fever, headache, chills, body pain | Omnivore |
| 12 | severe | Heartburn | N | Fever, cough, short of breath, hypoxemia 88%, Anosmia | Omnivore |
| 13 | severe | Heartburn | N | Fever, cough, hypoxemia 88%, anosmia, full body rash | Omnivore |
| 14 | severe | None | Y | Fever, chills, chest pain, short of breath, hypoxemia 94%, anorexia, anosmia | Omnivore |
| 15 | severe | None | N | Cough, fever, short of breath, hypoxemia 88%, rash | Omnivore |
| 16 | severe | None | N | Cough, fever, short of breath, hypoxemia 88% | Omnivore |
| 17 | severe | None | N | Fever, cough, hypoxemia of 89-90%, anosmia | Omnivore |
| 18 | severe | None | N | Fever, cough, hypoxemia 88%, anosmia | Omnivore |
| 19 | severe | None | N | Fever, cough, hypoxemia 88%, anosmia, chest pain | Omnivore |
| 20 | severe | Diarrhea | N | Fever, cough, hypoxemia 88%, anosmia | Omnivore |
| 21 | severe | None | N | Fever, cough, anosmia, oxygen saturation not recorded, short of breath | Omnivore |
| 22 | severe | None | N | Fever, cough, anosmia, short of breath | Omnivore |
| 23 | severe | None | N | Anosmia, high fever, cough, short of breath, hypoxemia 93% | Omnivore |
| 24 | severe | None | N | Anosmia, high fever, cough, short of | Omnivore |

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|-----------|----------|----------|---|--|------------------------|
| | | | | breath, hypoxemia 90% | |
| 25 | severe | None | N | Anosmia, high fever, cough, short of breath, hypoxemia 90% | Omnivore |
| 26 | severe | None | N | Cough, anosmia, short of breath, headache, sinus issues, oxygen saturation not recorded | Omnivore |
| 27 | severe | None | N | Anosmia, high fever, cough, short of breath, hypoxemia 92%-93% | Omnivore |
| 28 | Severe | None | N | Anorexia, anosmia, cough, fever, short of breath, dizziness, sore throat, fatigue, hypoxemia 91% | Omnivore |
| 29 | moderate | Diarrhea | N | Cough, fever, short of breath, oxygen saturation 98%, went to ER not admitted | Omnivore |
| 30 | moderate | | N | Cough, anosmia, oxygen saturation 100%, fever | Omnivore |
| 31 | moderate | Diarrhea | N | Cold symptoms, sinusitis, rhinorrhea, fever, cough, anosmia, stable oxygen saturation | Omnivore |
| 32 | moderate | None | N | Chest pain, fever, severe headaches/migraines, body aches, chest pressure, anosmia, oxygen saturation 100% | Mexican diet, omnivore |
| 33 | moderate | Nausea | N | Rhinorrhea, congestion, body ache, fever | Mexican diet, |

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|-----------|----------|-------------------|---|---|----------|
| | | | | of 101°, anosmia, oxygen saturation 99% | omnivore |
| 34 | moderate | None | N | Anosmia, anorexia, fatigue, cough, oxygen saturation 98% | Omnivore |
| 35 | moderate | Abdominal pain | N | Chest tightness, headache, head congestion, cough, oxygen saturation 100% | Omnivore |
| 36 | moderate | None | N | Sluggish, cough, nasal congestion, oxygen saturation 98% | Omnivore |
| 37 | moderate | None | N | Myalgia, backache, oxygen saturation 99% | Omnivore |
| 38 | moderate | None | N | Fever, cough, anosmia, oxygen saturation 95% | Omnivore |
| 39 | moderate | None | N | rhinorrhea, anosmia, mild cough oxygen saturation 98% | Omnivore |
| 40 | moderate | None | N | Cough, headache, oxygen saturation 96% | Omnivore |
| 41 | mild | None | N | Nasal congestion, oxygen saturation 100% | Omnivore |
| 42 | mild | Bloating | N | Fever, cough, anosmia, rhinorrhea, oxygen saturation 100% | Omnivore |
| 43 | mild | None | N | Congestion, sinusitis, anosmia, oxygen saturation 100% | Omnivore |
| 44 | mild | None | N | Fatigue, short of breath, anosmia, oxygen saturation 100% | Omnivore |

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|-----------|--------------|------|---|---|-------------------------|
| 45 | mild | None | N | Cough, fatigue, dizziness, sore throat, myalgia, oxygen saturation 100% | Omnivore |
| 46 | mild | None | N | Cough, head congestion, oxygen saturation 98% | Omnivore |
| 47 | asymptomatic | None | N | None | Omnivore |
| 48 | asymptomatic | None | N | None | Mexican diet, omnivore |
| 49 | asymptomatic | None | N | None | Omnivore |
| 50 | asymptomatic | None | N | None | Armenian diet, omnivore |
| 51 | Ctrl | None | N | None | Omnivore |
| 52 | Ctrl | None | N | None | Omnivore |
| 53 | Ctrl | None | N | None | Omnivore |
| 54 | Ctrl | None | N | None | Kosher, omnivore |
| 55 | Ctrl | None | N | None | Kosher, omnivore |
| 56 | Ctrl | None | N | None | Kosher, omnivore |
| 57 | Ctrl | None | N | None | Omnivore |
| 58 | Ctrl | None | N | None | Kosher, omnivore |
| 59 | Ctrl | None | N | None | Kosher, |

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|-----------|------|------|---|------|---------------------|
| | | | | | omnivore |
| 60 | Ctrl | None | N | None | Omnivore |
| 61 | Ctrl | None | N | None | Omnivore |
| 62 | Ctrl | None | N | None | Omnivore |
| 63 | Ctrl | None | N | None | Omnivore |
| 64 | Ctrl | None | N | None | Omnivore |
| 65 | Ctrl | None | N | None | Omnivore |
| 66 | Ctrl | None | N | None | Omnivore |
| 67 | Ctrl | None | N | None | Omnivore |
| 68 | Ctrl | None | N | None | Omnivore |
| 69 | Ctrl | None | N | None | Kosher, omnivore |
| 70 | Ctrl | None | N | None | Not available |
